

Need Help? Want to Help?

CALL 2-1-1! Free and Confidential • 24 Hours a Day • Any Language

By simply dialing 2-1-1 you
can speak to a referral
specialist who can help
you find services such as:

Food • Housing
Employment • Counseling
Health Care
Volunteer Opportunities

If using a cell phone, please dial **1-888-UW211NC**

(1-888-892-1162)

or visit www.nc211.org



A service of your **United Way**

North Carolina 
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Get Connected. Get Answers.